What’s Happening
Hay War Memorial High School
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Athletics carnival fun

Athletics Carnival
There is no doubt that sports are important for our students’ social and physical development. Sport experiences at our school promote exploration and opportunities to try a variety of different sports just for the sheer joy of learning something new.

Our recent athletics carnival offered opportunities for our students to strengthen their skills. The carnival was a great success and there were many staff and students involved in its organisation. A special thank you to Ms Booth, Miss Britt, Mr Menton and Mr Caughey. Also, it was great to see so many families on the day and parents helping out.

School Captains
Our school captains Hannah Slattery and Ruby Barnes are in Sydney today meeting Her Excellency Professor The Honourable Marie Bashir. We look forward in hearing from our captains upon their return. We thank their parents for assisting with the travel to the Griffith Airport.

Transition Day for students
It was a pleasure to have the primary school students from Hay Public School, Booligal and Carathool visit us today. They undertook a variety of topics in Science, Agriculture and Music. We are looking forward to seeing them again later this term.

Balancing your family life
Are you worried that your child spends too much time in front of the TV or surfing the net? Help your child strike the right balance between leisure and being a contributing member of the family. Here are some helpful tips:

Set realistic limits and enforce them.

Reminder
HWMHS Open Night
Tonight, 8th May, 2014
5:30pm – 7:00pm

Year 5 & 6 students and their parents/carers are welcome to come and meet our wonderful staff, take a tour and see our fantastic facilities and hear from students to find out what’s great about learning at Hay War Memorial High School.

A light supper will be available

Expression of Interest
Girls woollen jumpers
If you are interested in purchasing a jumper please contact the front office at the school by Monday, 12th May.
Boys woollen jumpers also currently available.

For so much what shall we repay?

Keiran Pingiario competing in the high jump at the school athletics carnival yesterday.
Talk with your child about curfew, bedtime, and daily schedule. Young adolescents function best when they know the ground rules; while they almost certainly will advocate for MORE freedom, they really desire stability. What are the limits? No TV until homework is done; limited use of the computer; regular phone calls home to check in? These and other issues should be decided with some options for negotiation.

Expect some help in the family or around the house. Help with household chores, and yard work are all legitimate expectations. When opportunities arise for a spur-of-the-moment trip to the shops in the main street, or sporting game with a friend, you can still be flexible. Young adolescents will learn that such flexibility is earned by consistent and regular attention to, and completion of daily chores.

Young adolescents need to participate in useful activities that give them the sense of satisfaction that comes with a job well done. And while they don’t need excessive praise, they want to know they are making a difference to others. Cleaning up rubbish for a family friend or participating in a fundraising event for a worthy cause are activities that allow children to use and develop their skills and make them feel like part of the community. Give them YOU! Take advantage of breaks in the routine—even if it is a break in your child’s schedule and not yours. Talk, go for a walk, or watch a movie together. Take time to make family connections by simply doing things together.

**Winter weather and uniform**

Attention all parents - As the temperature drops, please remind your child to wear the school winter uniform. The school has a clothing pool containing a small selection of used uniforms that are available for sale. The Year Head Teachers and Deputy Principal monitor the student uniform every morning during the assembly.

Don’t forget students are to wear leather shoes (black is our school colour for boys and black or brown for girls) which completely cover the whole foot, with appropriate heel support. Rabens (Yes! Even the black coloured ones) are not acceptable footwear at school.

**Open night for Years 5 and 6**

The Open Night for Years 5 and 6 students and parents is tonight. We look forward to seeing you at 5:30pm.

Enjoy the upcoming weekend!

Yvan Chambers, Principal.

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**Principal’s report…continued from page 1…**

**NAPLAN**

Next week students in Years 7 and 9 will undertake the NAPLAN tests in literacy and numeracy from Tuesday 13th May.

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Peter Hedt, Ruby Barnes and Harry McCrabb enjoying a chemistry lesson.

Year 7 students actively participating in a drugs and alcohol awareness workshop.

Luke Arandt demonstrating discus technique to carnival participants Heidi Stephens, Georgia Booth and Chloe Deacon.
White Card Course in Hay

Hay TAFE is running a General Construction Induction or White Card course on Friday, 30th May. This is required by any students who wish to undertake paid work, work experience or work experience on construction sites. Also it is needed when undertaking paid or unpaid work with surveyors, engineers and trades people such as welders, plumbers, carpenters and electricians. This course is not often run in Hay and this may be the only opportunity for students to complete this course in Hay this year. If enough students intend to undertake the course the price will be reduced. Year 10 students need to consider completing this course so they have this certification for completing work experience in Term 4. Any Year 10 or 11 students considering studying VET Construction must have completed this course to go on work placement. The cost of the course is $186 per student this includes the cost of their card. If the school does have 16 or more students the price will be reduced to $150 per student. If your child is interested in completing this course they must give their name to Ms McNally by Tuesday next week so that interest can be gauged and to determine the price.

Library News with Mrs Biggs

Book Week 2014 Shortlisted Title The Incredible Here and Now
Author: Felicity Castagna

Summary: Presented as a series of vignettes, this book tells of Michael's coming of age in a year which brings him grief and romance; and of the place he lives in Western Sydney where 'those who don't know any better drive through the neighbourhood and lock their car doors', and those who do, flourish in its mix of cultures. Through his perceptions, the reader becomes familiar with Michael's community and its surroundings, the unsettled life of his family, the girl he meets at the local pool, the friends that gather in the McDonalds parking lot at night, the white Pontiac Trans Am that lights up his life like a magical talisman.

P & C News

Debutante Ball a success! But has anyone seen our decorations??

Congratulations to the 13 Debutantes and Partners who made their Debut at the Hay Services Club last Saturday night, May 3rd. We hope you have enjoyed your journey and had a really wonderful night, you all looked stunning!

Thank you to our very hard working P&C members, Serena Wall, Kerry Barnes, Rhonda Slattery and Judy Jarratt for working tirelessly for months to produce this gala evening. Thank you to Mrs Cathy Millyard and Mr Darren Clarke for doing such a great job as our MC’s for the evening and thank you to our principal, Mr Yvan Chambers for representing HWMHS.

Unfortunately, some people may have enjoyed the night so much they have taken some of our decorations as a memento. A lot of work has gone into making these decorations and they are reused each year to save on costs. After all, the profits of this event are used for the benefit of our school and students.

If anyone knows of where some of these decorations are, please return them. No explanation is necessary, we would just like them back please. Thank you.

For so much what shall we repay?
Canteen News
Phone 69931579

Roster

<table>
<thead>
<tr>
<th>Day</th>
<th>Name</th>
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<tbody>
<tr>
<td>Thursday</td>
<td>Pene Bolitho</td>
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Breakfast 8.30am-8.55am
Toasted Cheese Sandwich 80c
Milo / Tea / Coffee $1

Next Week's Menu

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<thead>
<tr>
<th>Day</th>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Chicken Burger</td>
<td>$4.00</td>
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<tr>
<td>Tuesday</td>
<td>Egg &amp; Bacon roll w/ BBQ sauce</td>
<td>$4.50</td>
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<tr>
<td>Wednesday</td>
<td>Ham &amp; Cheese Croissant</td>
<td>$2.50</td>
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<tr>
<td>Thursday</td>
<td>Beef Ravioli</td>
<td>$5.00</td>
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<tr>
<td>Friday</td>
<td>Goujons</td>
<td>$2.50</td>
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Term 2, 2014

Week 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Drug and Alcohol Awareness—Yr 9</td>
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<tr>
<td>Tuesday</td>
<td>NAPLAN Yrs 7 and 9</td>
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<tr>
<td>Friday</td>
<td>Assembly 12pm</td>
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Week 4

<table>
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<tr>
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<tbody>
<tr>
<td>Monday</td>
<td>Yrs 7—10 Semester 1 Exams</td>
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<tr>
<td>Tuesday</td>
<td>Yrs 7—10 Semester 1 Exams, Drama Camp</td>
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<tr>
<td>Wednesday</td>
<td>School Cross Country, Drama Camp</td>
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</tbody>
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For so much what shall we repay?