Thank you local businesses and organisations

Work Placement
Connie Andrews studies Tourism and Events through OTEN and she completed a week of placement with Hay Tourism in the lead up to the busy long weekend. Chloe Deacon completed her placement for Primary Industries with Elders Hay. Both girls are pictured above with the respective supervisors Sara Parr and Gaylene Stephens. Thank you to all our local businesses and organisations for their continued support. The feedback from both students and employers has been extremely positive.

Tertiary Tour Albury 18th and 19th June
Final arrangements are in place for our tertiary tour. Departure will be 8am on Thursday from the front of the school. Students may wear neat casual clothes and have been asked to pack only a small overnight bag as space on the bus is very limited. Students will need to bring spending money for two lunches ($15), one evening meal ($15) and a movie ($11). We will return at 7pm on Friday evening. Warm clothes and a rainproof jacket are recommended.

Tuesday 16th Riverina TAFE information session for seniors
During Period 4 next Tuesday, Kelly Lawler the School Engagement Officer for Riverina TAFE will run a session for students in Years 11 and 12 who are interested in studying at TAFE either as part of an apprenticeship or full time after leaving school. Students should give their names to Ms Schiller this Friday if attending.

Hay War Memorial High School Family Trivia Night supporting Jodie Hicks and Luke Arandt
Friday 12th June
7pm start
Spirit of Anzac Centre
$10 per adult $5 per child
Bring your own snacks and supper is provided.
A reminder to visitors and parents

A reminder to visitors and parents that everyone who visits and communicates with the school is able to do so in a safe and harmonious manner and that students, staff, parents and other visitors are not subjected to aggressive, hostile or violent behaviours.

The Inclosed Lands Protection Act (1901) and its amendments may be followed if any of the following occur:

♦ Actual physical assaults or threatened physical assaults on students, staff, parents or community members at the school or during the course of school activities;
♦ Behaviour in the presence of students, staff, parents or other visitors to the school that causes alarm or concern to the students, staff, parents or other visitors;
♦ Use of offensive language (i.e. swearing) in the presence of students, staff or other visitors to the school;
♦ Any interruption to the learning environment of the school such as entering classrooms without permission.

If a person receives an Inclosed Lands Protection notification it may mean that their access to the school is restricted or limited.

Your co-operation is sought in ensuring our expectations are met in maintaining a safe and happy school.

NSW School Liaison Police Officer Visit

Years 7 to 10 students will be given the opportunity to hear the facts about the consequences when using electronic devices (such as mobile phones and computers) inappropriately on 18th June.

If you have any questions or require clarification about any of these events please contact the school on 02 69931408.

Motivational Media

Every day, young Australians are subjected to thousands of messages seeking to influence the way they think and act. Pressures from all aspects of daily life including peers, advertising, television, radio and internet are shaping their young minds. The results are sometimes frightening, and often lead to young people engaging in behaviours that cause harm to themselves and others.

Motivational Media will be at our school on 15th June (10:00am) to both challenge and inspire all of our students to develop strategies that will enable them to reach their true potential so that their life choices will not be diminished through avoidable and reckless behaviours.

Motivational Media's programs are high impact presentations delivered in schools. They make use of three large, panoramic screens, along with state of the art synchronised projectors, producing an image 13 metres wide. This is combined with amplified sound, current popular music and inspirational stories creating an experience that grips students’ attention like no other program.

Driving Lessons

Bruce Staines will be here for driving lessons in Hay on Thursday 25th June.

Please phone Bruce directly on 0409 935775 for appointments.

Mental health awareness and Headspace presentation

Through the assistance of Mr Peter Dwyer (CASE) and the community-minded helpers from CASE and the Hay Hub, 15th June will be a day for our students to become more aware of mental health through guest speakers. Also, at 12 noon students will be split into groups and given approximately 10-15 minutes with a service provider who will run activities and discuss what, where and when their service is provided. Headspace at 2:00pm will be upskilling our students about their role to reduce the impact of anxiety, depression and suicide in the community by raising awareness and understanding, empowering people to seek help, and supporting recovery, management and resilience. Parents are welcome to attend the Headspace presentation at 2:00pm in the Spirit of ANZAC Centre. The organisation beyondblue has kindly donated resources which will be provided to our students on the day.

For so much what shall we repay?
For so much what shall we repay?

### Canteen News

**Roster**

<table>
<thead>
<tr>
<th>Monday 15</th>
<th>Wendy Heerey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 16</td>
<td>Rene Gifford</td>
</tr>
<tr>
<td>Friday 19</td>
<td>Jan Zambon</td>
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</tbody>
</table>

**Breakfast 8.30am-8.55am**

Toasted cheese sandwich $1.00

**Next Week’s Menu**

<table>
<thead>
<tr>
<th>Day</th>
<th>Meal</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Chicken burger</td>
<td>$4.50</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Egg &amp; bacon roll w/ BBQ sauce</td>
<td>$4.50</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Ham &amp; cheese croissant</td>
<td>$3.00</td>
</tr>
<tr>
<td>Thursday</td>
<td>Chicken wrap</td>
<td>$4.50</td>
</tr>
<tr>
<td>Friday</td>
<td>Roast lamb, veges &amp; gravy</td>
<td>$6.00</td>
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</tbody>
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### Term 2, 2015

#### Week 9

- Monday 15: Motivational media
- Thursday 18: HSC Biology - Leeton
- Thursday 18 & Friday 19: Senior tertiary tour - Albury/Wodonga

#### Week 10

- Monday 22: Debate - Barham
- Wednesday 23: Community Workshop @ 6.30pm - SPAC
- Thursday 25: Rural Fire Service visit @ 2pm

### Tips for parents

**Simple strategies to approach hard topics**

When kids are concerned about a subject, they tend to avoid it. However, there are simple ways to help your teen get into studying topics they find hard.

- Review the lesson notes.
- Select any key concepts and make a list of important terms.
- Write key concepts onto flash cards (which are easy to refer to and organise) and on the back, writing general ideas and details.
- Organise the cards into groups by numbers or colours (to match topics) so they are easy to find and reorganise.
- Lay the cards out on a table so your teen can see them in their mind and remember how to use the information in an organised and logical way.
- Complete some practice questions in a time limit by referring to the flash cards and notes, and referring to the text for examples and details (if your teen only does this verbally, they can fall into the trap of saying, "I knew that!").
- For the School Certificate reference test, it’s helpful to complete practice papers.

**Start a study group**

If your teen is a strong verbal learner, suggest to them to form a small study group with some of their friends. They can ask one another questions or provide feedback about their material.