Hay Youth Mental Health Expo
Wednesday 18 May 2016
Hay War Memorial High School

Visiting service providers and guest speakers are showcasing what they have to offer our students in the community. This is a multi day for our students: “Mental Health Express Yourself” (appropriate/suitable clothing for school is required).

11:15am-12pm  Guest speakers including:  Headspace    Intereach - ROAR program
12pm—1pm  Enemy Within - Joe Williams
1pm  FREE BBQ lunch by Can Assist and sponsored by C.A.S.E.

This time will also be an opportunity for the students to approach service providers.

2pm-3pm  Joe Williams

The aim of the day is to showcase as many service providers as possible to the students while giving them the chance to discover who they are and how they can help them, their friends and the families.

Joe Williams is a proud Wiradjuri Aboriginal man born in Cowra, raised in Wagga NSW. Joe played in the NRL for South Sydney Rabbitohs, Penrith Panthers and Canterbury Bulldogs before switching to professional Boxing in 2009. Joe is a 2x WBF World Jnr Welterweight champion and recently won the WBC Asia Continental Title.

Service Providers Attending:
Joe Williams  Enemy Within (former NRL player & now motivational speaker)
Liz Blake  Headspace
Peter Allen  CAMHS – Child & Adolescent Mental Health Service
Nicole Hearne  Intereach – ROAR program – Reach Out And Relax
Judith  Intereach – Sexuality Speaker
Liz Matthews  Intereach – Ability Linker
Sherryn Hill  Intereach – Hay Hub
Kerry Barnes  Intereach – Hay Hub
Jean Woods  MPHN – Murrumbidgee Primary Health Network
Sonia Skewes  Carers Assist – Carer Advocate
Vic & Vicki Keenan  Salvation Army – Rural Chaplins
Peter Dwyer  C.A.S.E.
GAMS  Griffith Aboriginal Medical Service Tackling Smoking Team

Any enquiries please ring the school on 69931408 for an appointment with Mr Chambers, Principal.

The HWMHS Student Representative Council has asked all students to bring a gold coin for donation to Headspace